

RUDYARD AREA SCHOOLS

HANDBOOK FOR STUDENT ATHLETES



2018-19

RUDYARD AREA SCHOOLS HANDBOOK FOR STUDENT-ATHLETES

INTRODUCTION

This Rudyard Area Schools (RAS) Handbook for Student-Athletes is being presented to you because of your interest in participating in our interscholastic athletic program.

A joint committee of teachers, staff, directors, and parents has developed this Code of Conduct. It reflects our commitment that all athletic activities are an integral component of the total learning experience. Our expectations of the student are high. Please read this thoroughly and discuss any questions with your coach prior to the beginning of the season. Be reminded that participation in interscholastic activities is a **privilege** not a right for each student at RAS.

We, who are vitally concerned with the educational development of students through athletic activities, feel that a properly controlled and organized program of athletic activities meets the students' needs for self-expression, mental alertness, and physical growth. It will foster the students' knowledge and understanding of participation in athletics.

It is our hope to maintain an athletic program that is sound in purpose and never loses sight of the fact that athletic activities are provided so that students can further their educational maturity.

STATEMENT OF STUDENT ETHICS

The conduct of a student is closely observed in many areas of life. It is important that behavior be above reproach both in and out of school. Because of this, students who participate in athletic activities are reminded that the real student:

- Understands that alcohol, drugs and tobacco are harmful to the body and hinders performance.
- Emphasizes academic quality and strives to maintain outstanding success in the classroom.
- Has a good attendance record.
- Represents the community, school and directors and displays proper conduct at all times.
- Does not use profanity.
- Works for the betterment of the school and what is right and good for fellow students.
- Makes an effort to attend other school activities.
- Obeys the specific training rules and practice rules of the director/coach.
- Cares for the equipment as though it were personal property.
- Is neat and well groomed at all times.
- Does not allow outside activities to interfere with regular practice.
- Appreciates the importance of proper rest, diet and exercise.
- Practices healthful habits of cleanliness and personal hygiene in all daily activities.
- Treats fellow student, opponents, fans, officials, and all adults with dignity and respect.
- Live up to the high standard of sportsmanship.
- Maintains a high academic standard and eligibility requirements throughout the season and during the off-season.
- Is a positive role model for future student-athletes.

DISTRICT FUNDED SPORTS

Each District funded sport has a participation fee that athletes pay to the district. The following sports will be offered for grades 9-12: Boys and Girls Cross Country, Football, Volleyball, Boys and Girls Basketball, Wrestling, Swimming, Boys and Girls Track and Field, Baseball, and Softball.

SELF FUNDED SPORTS

Each self-funded sport is set up and coordinated by the varsity head coach of that sport. It is the responsibility of the varsity coach, with assistance from the Athletic Director, to see how fees are paid and these individual sports are run. The following sports will be offered for grades 7-8: Cross Country, Volleyball, Boys and Girls Basketball, Wrestling, Boys and Girls Track and Field. The following sports will be offered for grades 9-12: Golf.

All coaches/volunteers at ALL levels **must** pass a background check prior to coaching.

ATHLETIC CODE

ACADEMIC ELIGIBILITY

RAS students must meet all Michigan High School Athletic Association standards. Students must be progressing towards graduation. A student must have achieved a cumulative grade point average of at least 2.0 or a grade point average of at least 2.0 in the previous semester. In addition, the student **cannot be below 70% in two or more classes** during their time participating in a specific sport. The Athletic Director will conduct grade checks on Monday morning and send the list to coaches and the principal(s). If a student has two or more grades under 70% they will be ineligible starting that Sunday to the following Sunday. There will be a 2-week grace period at the beginning of each semester. There will only be 1 probationary period per semester. Once grade checks are conducted and sent to coaches/principal on Sunday there will be NO grade changes allowed.

The following highlights the process that will be followed if there are two or more failing grades (69% and below) on a weekly grade check.

- **Week One:** Student can practice and play as normal. Student is expected to seek assistance from their teacher. Parents are to be notified of the situation by the coach.
- **Week Two:** Student is ineligible to play game but eligible to practice and must seek extra help or tutoring.
- **Week Three:** Student is ineligible to participate in practice and games and must seek extra help or tutoring.
- **Week Four:** Student is no longer eligible for that sport that season.

Coaches are expected to set and enforce high academic standards for individual teams and these standards will be presented at team meetings prior to the start of the season. Student athletes are expected to work with their teachers to make sure their grades are up to date and all assignments graded, at the time of grade checks.

Questions regarding MHSAA compliance can be directed to a coach or the Athletic Director.

ATHLETIC DIRECTOR REQUIREMENTS

As an athlete you are not permitted to practice for, or participate in, interscholastic competition until the following items have been completed and are on file in the Athletic Director's Office.

- Your family physician or any medical center must complete a physical examination. A MD, DO, physician assistant or nurse practitioner who administers the physical exam as well as parents or guardians, must sign the form. All of these forms are available in the High School Office. You may have your physical exam any time after April 15, and the physical exam will be good for the entire upcoming school year.
- Pre-season concussion testing is done
- A copy of the parent signature page and emergency information for the Rudyard Area Schools Handbook for Student-Athletes needs to be turned in to the coach and on file before the first contest date.
- Rudyard Area Schools does not assume financial responsibility for medical, hospital or ambulance expenses incurred because of athletic injuries. Athletics is a voluntary program in which the students may participate at their own risk. Therefore, we require parents to sign the emergency medical care and injury waiver form. If an athlete does not have hospitalization coverage through his/her parents, student insurance is made available to all students at the beginning of the school year.
- Participation fee must be paid
- Uniforms/equipment MUST be turned in to be able to participate in their next sport.

ATTENDANCE REGULATIONS

- Students are expected to be in attendance the second half of the day to be eligible to participate in after school activities. **Students with unexcused absences may not participate in after school activities.** With verification, the Athletic Director or Principal may make an exception.
- Any student suspension shall have immediate effect as assigned by the Principal, and shall last through 12:00 a.m. midnight, of the last day of that suspension. Students suspended out of school shall not practice or compete during the suspension.
- At any time that an athlete is suspended from school (in school or out) for any reason for half a day or more (except for a suspension covered under the Criminal or Civil Law Violations section of this athletic code), they will also be suspended for the first contest of a scheduled MHSAA competition after the day they come back from a suspension.

AWARDS

School awards including participation certificates and varsity letters. Each program and coach has its own requirement for earning a letter that will be explained by each varsity coach. Athletes must complete the entire sports season to be eligible for team or school awards

COACH/ADMINISTRATIVE OBLIGATIONS

Coach: Any head coach who suspends an athlete from participating in practices or contests will immediately submit written notification to the Athletic Director. The Athletic Director will review the situation, and if necessary, convene a meeting of all parties involved to review the situation.

Athletic Director: The Athletic Director is responsible for invoking all penalties outlined in the Handbook and for providing suspended athletes the opportunity for due process as outlined below.

Building Principal: The building principal is responsible for the athletic program in his/her building. Accordingly, he/she (or designee) will be advised of all athletic department activity and will act as the first level arbitrator when necessary.

COACHES EXPECTATIONS

- Follow the policy outlined in the Handbook for Student-Athletes and district policy.
- Hold a team and parent meeting before contests begin to go over rules, expectations, and put them in writing.
- Make sure athletes DO NOT participate until all required forms are completed and turned in.
- Have completed MHSAA EUP Class 1 & 2
- Rate all officials during your season
- Monitor locker rooms
- Lead by example
- Keep inventory of all equipment and uniforms
- Attend rules and regulation meets for your sport
- Possess a valid First Aid/CPR card and NFHS certification.
- Promote and demonstrate positive sportsmanship to team members, colleagues, opponents, officials and spectators.

- Teach the fundamentals of the sport in a manner that provides opportunity for all athletes to learn and improve.
- Stress the importance of the role academics plays in the life the student-athlete.
- Demonstrate appropriate professional conduct at practices and during competitions.
- Share the philosophy and expectations clearly with players, coaches, parents, and the community.
- Be consistent, firm, and fair when disciplining an athlete.
- Support student-athletes participating in all RAS sports.
- Work together with Athletic Director, building principal and all other coaches for the overall betterment of the RAS athletic program.
- Keep up-to-date on changes and development in their respective sport.
- To resolve conflicts that happen within Rudyard Athletics, there will be a **“24 hour cooling off period”** at the conclusion of the event. After this time, the person that has a disagreement with someone else may contact them to discuss the event. Many times, the emotions of the event can cloud people’s judgment, A “24 hour cooling off period” will allow for better judgment of the event and how to resolve any conflicts.

Medical Emergencies

Rudyard Area School creates a safe environment for students and athletes. Coaches will be given a copy of the medical emergency plan and will be updated in the event of changes to the plan. As one component of the plan, all head coaches (including middle school) will be certified in CPR/First Aid. Assistant coaches who are employed by the district or hired through a third party will also receive training.

ATHLETICS EMERGENCY PROCEDURES

1. All JV/Varsity Coaches will be CPR certified.
2. These procedures apply to all practices and games, home and away.
3. Coaches will be provided with first aid kits by the Athletic Department.

Immediate Actions when injury occurs:

1. Head Coach or assistant coach will stay with athlete and keep him or her calm. The coach will also keep other non-medical personnel away from the area or designate someone to do so.
2. No one will move the injured athlete until the possibility of serious injury has been ruled out and/or athlete is stabilized by medical personnel.
3. Coach in charge will provide first aid/CPR until medical assistance arrives.
4. Coach or assistant coach will contact the emergency medical system (911). For home games the phones are located in Jr/Sr. High Equipment closet and Jr/Sr. High girls’ and boys’ locker room offices. In the Elementary Gym the phone is located in girls’ locker room office and the Elementary office. The coach may also have a cell phone available or use another coach’s cell phone.

If EMS is activated:

1. The following information will be given to dispatcher: Name of caller, location, position, school name, athlete’s name, age, and injury/condition. Do not hang up until instructed to do so.
2. An assistant coach or captain will go to the entrance of the school and direct medical personnel to the site of the injured athlete.
3. Coach will direct a player to pull the athlete’s medical info from the med kit to present to medical personnel.
**The coach is responsible to carry all athletes’ medical cards/physical forms to all sporting events.
4. EMS will transport athlete to medical facility. **If parent/guardian is unable to accompany the student athlete to the hospital, the coach or assistant coach will do so.
5. Head coach or assistant coach will contact parent/guardian as soon as possible with all information available.
6. Head coach will inform the Athletic Director by cell phone that an emergency has taken place.

With any injury situation at a game OR practice, the head coach is responsible to:

1. Notify the Athletic Director via e-mail, including the known specifics of the injury and the details of how it occurred.
2. Follow up with parents regarding the condition/medical treatment of the athlete.
In addition:
3. Head coach must follow up and communicate with parents and school regarding medical evaluation, recovery, rehabilitation, etc., along with the doctor's release.
4. If an athlete suffers a concussion, the Head Coach must report it to the Athletic Director and school nurse the same day the injury occurs. The school nurse will then initiate the concussion protocol. The athlete will return to play only after being cleared by the doctor upon completion of the BRAIN protocol. The school nurse will notify physical education teachers, principal, coaches, AD and parents of the athlete's progress and when they may return to activity.

**CRIMINAL OR CIVIL LAW VIOLATIONS OR USE AND/OR POSSESSION OF TOBACCO,
ALCOHOL, STEROIDS, AND CONTROLLED SUBSTANCES**

➤ CRIMINAL LAW VIOLATIONS

Any school athlete violating criminal law will be penalized under the RAS Athletic Code of Conduct and the matter will be turned over to law enforcement.

➤ USE AND/OR POSSESSION OF TOBACCO, ALCOHOL, STEROIDS, AND CONTROLLED SUBSTANCES

Penalties to students will be mandatory upon the verified use and/or possession of tobacco, alcohol (including non-alcoholic beer), or other controlled substances, under any conditions, times, or places on or off school property. Verified use is defined as law enforcement, coach, or a school official presenting a list of students who are involved to the Athletic Director or Principal. The Athletic Director will conduct an investigation.

If in the judgment of the Athletic Director the accusation is substantiated beyond a reasonable doubt, there will be a prompt suspension of the athlete. The Athletic Director will administer the penalties. The parent/guardians will be notified in writing. Parents/guardians may request a hearing within 48 hours of notification.

➤ PENALTIES

Any student athlete violating criminal law, or found to be in use or possession of tobacco, alcohol, steroids, and controlled substances will be promptly suspended from interscholastic competition and the appropriate penalty will be applied. The athlete will not participate in games/contests with the team until all terms and conditions of the penalty are completed. Suspension from games will be on a percentage basis of the total scheduled contests in each sport. The suspension applied from that sport would carry over into the next sport that the student participates in, based on a numerical basis. (Example: First offense football – 2 games, if carried over to basketball a maximum of 2 games would be assessed. First offense basketball – 4 games, if carried over to track or football this could mean a maximum of 4 track meets or 4 football games. The numerical penalty depends upon the season in which the event occurs.)

First Violation – 20% suspension of the total season days of competition and 10 hours of community service. The athlete must meet with the RAS social worker.

Second Violation – 33% suspension of the total season days of competition and 15 hours of community service.

Third Violation – 50% suspension of the total season days of competition. The athlete must provide the Administration with substance abuse assessment from the Rudyard Wellness Center psychologist.

Fourth Violation and subsequent violations – The violator will be suspended from all athletics for one calendar year dated from the day of the violation.

- Attendance at games is up to the coaches' discretion after conferring with the parent/guardian.
- Practice is mandatory for any student who has violated the athletic code while the suspension is in effect.

- Students must complete the sport season for the penalty to count.
- Community service must be pre-approved by the Athletic Director.
- Games must be played or forfeited to be counted in the penalty.
- Students participating in dual sports within the same season will receive the full penalty for each sport.
- The Athletic Director, Building Principal and/or Superintendent reserves the right to reduce the penalties, as they see fit, on a case-by-case basis, depending on the severity of the violation and other related factors.

DUE PROCESS

If a student athlete is suspended from athletic competition by a coach, or by the Athletic Director, per the Handbook, and the student wishes to appeal, the Athletic Director must receive written notification within 48 hours of the suspension. Upon receipt of written notification, the Athletic Director will convene an ad-hoc committee, which will review the situation. The committee will consist of the Athletic Director, the coach involved, and the building principal (or his/her designee). The committee will convene at the earliest possible time and will make a decision within 24 hours of its meeting. Further appeals by the suspended student-athlete may be in accordance with district and school board policy. The athletic director and principal will make the determination if a student can participate while awaiting appeal. Until granted participation rights during appeal, the student cannot participate.

DUEL PARTICIPATION SPORTS

A student athlete may compete in two district or self-sponsored sports during the same season. Student athletes and their parents are reminded of the tremendous commitment that this decision involves and should not take this decision lightly if they decide to pursue dual participation. The athlete must declare a primary sport and a secondary sport. One game day, the primary sport will take precedence. The athlete and coaches are expected to coordinate attendance at practices, scrimmages and contests. Per MHSAA guidelines, no student athlete may compete in more than one sport competition per day. A student athlete will only be charged one participation fee, per season, if they decide to pursue dual participation.

GENERAL REGULATIONS

- The use of profanity under any condition is prohibited and will result in disciplinary action.
- A coach has the privilege of using additional rules. They must be written, explained and posted for the team members. The additional rules may not conflict with this athletic policy or with overall school rules. Copies of coaches' additional rules must be filed with the Athletic Director before the first day of practice.
- Dress Code: Each individual coach may establish his/her own dress code for the day of a contest, and/or traveling to and from a contest. Athletes will be expected to abide by these codes or they will not participate in that day's contest at the discretion of the coach.
- It is understood that this Athletic Policy is in effect year around, including vacations and summer periods when school is not in session. Over the vacation and summer periods all reports from law enforcement and self disclosure from parent and students will be enforced. The school will investigate reports that do not involve the law after the first day of practice for students in fall sports and the first day of school for all other students.
- Athletes reporting for a sport after official practice has begun in that sport are required to have practiced a minimum of five school days before participating in any contest.

GENERAL TEAM GUIDELINES

Each team and coach will have various guidelines that are relative to their particular sport. However, listed below are a few guidelines that are the same regardless of the sport.

- **General Commitment to the Program:** Each student athlete that is on a team must have a strong commitment to the team and the RAS athletic program. Being on a team will require teamwork, self-discipline, loyalty, tolerance, sportsmanship, citizenship and perseverance.
- **Practices & Contests:** Practice days/times will be determined by the head coach of each sport and level. Most athletic contests are scheduled well in advance; however various sports do their scheduling during the current school year.
- **Equipment & Uniforms:** The student-athlete is responsible for all uniforms and equipment the school provides. All equipment must be turned in immediately following the end of the season. Some coaches may require a deposit, not to exceed the total value of the issued merchandise, in assurance that all issued equipment is returned at the end of the season.
- **Transportation:** All groups are strongly encouraged to travel as a unit to and from away events. Athletes may ride home with their own parents if arrangements have been made with their parents/guardians and the coach. Athletes may ride home with another parent, other than their own, only if the coach has given approval. Such approval shall require a written request from the athlete's parents and the transporting parent. Athletes not following this procedure will be subject to discipline at the coach's discretion

INJURIES

All injuries and illnesses must be reported to the head coach immediately. If a coach or physician, in the best interest of the student-athlete, determines that a student-athlete is unable to participate due to a potentially serious injury, the athlete involved should seek medical assistance. A signed physician's statement clearing the athlete to resume participation will be required. Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care official. More guidance for concussion protocol in on the MHSAA.com website.

JOINING A TEAM

All eligible students will be offered the opportunity to try out for an athletic team. Each sport has a starting date and there will be a minimum of three days of tryouts/practice before cuts are made. Once tryouts are complete and the team is selected, or competition has started for a non-cut sport, no student may join a team. The Athletic Director may grant additions only under unique situation and after careful review. The decision of the Athletic Director will be final.

LEAVING A TEAM

A student-athlete can't quit one sport to join another during the same season without prior approval of both coaches involved and the Athletic Director. The decision of the Athletic Director to allow a student to join another team or disallow from joining will be final. If a player quits a team during the season, they will forfeit their varsity letters.

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION MEMBERSHIP

Annually, Rudyard Schools voluntarily joins the MHSAA. At this time, we agree to enforce the rules and regulations of this organization as found in their handbook. The MHSAA book is available upon request from the Athletic Director. The Rudyard Area Schools' rules are stricter than the MHSAA policy.

OVERLAPPING SEASONS

When sports seasons overlap, student-athletes will not be expected to train or practice for the new sport until the first season had ended. Student-athletes will not be penalized for beginning the second sport late, but will not be allowed to compete until the coach is certain the athlete is properly prepared.

PARENT CODE OF CONDUCT

The Rudyard High School Athletic Department expects parents to exhibit a positive, supportive influence in their various roles as supporters of RHS athletics, in all dealings with others involved in the athletic program, and when assisting as volunteers in the program. Objectionable behavior of parents at athletic events is unacceptable. Negative behavior adversely affects coaches, referees, the contest, and the student-athletes.

The Rudyard High School Athletic Department specifically encourages the following rules of conduct for parents.

- Make certain it is your child who wants to participate in the sport and you are supporting your child and his/her experience in a positive manner.
- Learn and enjoy the sport. Most student-athletes are involved simply to have fun. Let them!
- Read, understand and support the Rudyard High School Handbook for Student-Athletes and assist in seeing student-athletes follow the Code of Conduct.
- Be a positive support for the coach. Respect autonomy. Do not pressure or put expectations on coaches. Recognize all athletes cannot always play the position or the amount of time they would like.
- Avoid negative comments to officials; allow them to do their best. If contests are too emotional for you, do not attend until you can be a positive influence. Never confront a referee, official, or coach during or at the conclusion of a contest. After a recommended 24-hour "cooling off" period, if a parent has a concern, follow the established complaint procedure outlined in the Problem-Solving Flow Chart.
- The Athletic Director or Game Manager reserves the right to remove a parent from any home contest. Parents in violation of the athletic code will be subject to any/all of the following consequences:
 1. Administrative letter of warning.
 2. Meeting with administration
 3. Suspension from attending athletic contests/activities. (Length to be determined by administration).

PROBLEM-SOLVING FLOW CHART

Communication regarding concerns starts with the coach. Athletes/parents have a right to. When a person (such as a student-athlete, parent, coach, teacher, or administrator) has a question, concern, or complaint regarding an athletic situation, the following is a line of communication most effective in resolving issues.

1. **Start with the source:** Talk directly with the head coach of that level, in private, face-to-face, away from the practice site or contest arena. A telephone call or email may be necessary to arrange an appointment. After a contest is not the best time.
 2. If necessary, **talk next with the varsity head coach of the sport.**
 3. If necessary, **talk next with the Athletic Director.**
 4. If necessary, **talk next with the building principal.**
 5. If necessary, **talk next with the Superintendent.**
- All complaints/concerns **MUST** be heard at the lowest level possible **BEFORE** intervention by the higher authority can occur. This system works best. However, the next level arbitrator is available to meet, if need be, with a complainant if sub-level discussions do not accomplish their intended purpose.
 - Help the student-athlete learn to resolve his or her own differences. When a student successfully deals with difficult situations, he or she learns and grows. Of course, a parent always has the right to intervene on behalf of a child.

- When stating your complaint/concern, be prepared with the facts in so far as you understand, or can ascertain them. Think through your expectations for the outcome resulting from voicing your concern. That is, be clear about what you hope will happen as a result of your meeting.
- As you converse with the coach, or other authority, repeat back what you hear he or she say to be sure that you understand the important points. Stay calm and as friendly as you talk and listen.
- We always assume that all parties have the best interest of the students in mind when complaints/concerns are discussed. We will make every effort to assure that the student is not penalized or placed in an awkward position as a result of voicing a complaint/concern.
- When bringing a complaint/concern to each level (as stated above), that staff member shall listen, address the situation, and provide a timely response (within approximately five school days) to the student-athlete.
- Any concern/complain that is brought to the Athletic Director or about must state specifically, in writing, the concern/complain that is to be addressed.

PROGRAM EXPECTATIONS

Grades 7 and 8

- **Goal:** Explore and expand athletic interests and abilities
- Each team member will play in every contest providing the coach's and administrator's criteria for academic eligibility, attendance, effort and attitude are met.
- Begin to increase skill development and stress team concepts.

Junior Varsity

- **Goal:** Prepare athletes for the next level. Transition period between emphasis on participation and emphasis on winning.
- Most athletes will play in most games. Skill, practice, attitude and sportsmanship will determine playing time and starting positions.
- Further development of basic fundamentals and skill level of each participant.

Varsity

- **Goal:** Although the emphasis is on winning, it will never be at the expense of the rules, sportsmanship, health or safety of athletes.
- Skill, practice, attitude, and sportsmanship determine playing time and starting position. Not all athletes will play in every contest, but attempts will be made to play athletes whenever possible.
- Athletes will consistently work to the maximum limits of their athletic abilities.

PROMOTION TO HIGHER LEVEL TEAMS

From time to time, underclassmen may be moved to higher-level teams (Junior Varsity to Varsity) for all or part of a regular or post-season. Moving up to play with a higher-level team is a serious decision and should be given a great deal of thought by the student-athletes and his/her parent. Coaches will discuss possible moves with the parents, the student-athlete, and the Athletic Director, prior to any changing of teams.

- The philosophy of the Rudyard Area School Athletic Department with regard to moving up is that changing teams will occur only if it is in the best interest of the athlete. No athlete will move up without receiving considerable playing time at the next level.
- If necessary, athletes will be reassigned to their original team.

REPORTING OF VIOLATIONS

The Rudyard Area Schools Athletic Department takes all allegations and reporting of violations seriously and student-athletes can expect they will be handled swiftly and if necessary severely, if an infraction has occurred. With that in mind there is a process on how to handle these situations if unfortunately they are to occur.

- **Alleged Violations:** Shall be reported in writing (signed and dated) to the Athletic Director. An acceptable source in reporting violations is defined as a direct eyewitness to the violation. The person reporting the violation may be directed to discuss the situation with the Athletic Director and/or other parties as determined by the Athletic Director.
- **Hearsay:** Information not reported in the above matter will not constitute grounds for application of penalties. If however, after reasonable efforts to investigate the situation have been made by school officials, the athlete admits to the violation or his/her parent(s)/guardian(s) are convinced as to the guilt or if they request application of a penalty, action will be taken. Likewise, information received from law enforcement will constitute a basis for disciplinary action

SPORTSMANSHIP

Student-athletes represent their school, their community, and their family, and good sportsmanship is expected at all times. Poor behavior before, during, or after practices and competitions will not be tolerate. The coaching staff and/or Athletic Director will employ appropriate disciplinary measures including loss of playing time, suspension and /or dismissal from the team when violations occur. Level and length or disciplinary measures will be determined by the severity of the infraction.

UNIFORMS/EQUIPMENT

- Each student is financially responsible for all equipment he/she checks out. All equipment must be turned in before participation in the next sport is allowed. The student will be charged the replacement or repair cost of equipment lost or damaged through carelessness or negligence. Athletes are encouraged to lock equipment in lockers provided for the protection of their belongings.
- Coaches will determine the cost of the uniforms for each student-athlete before handing them out.
- Uniforms must be turned in after the last game of the season in that sport. Athletes are encouraged to launder uniforms and clean equipment.
- Neither the school district nor its employees will be responsible for lost, damaged, or stolen personal property. Lockers should be locked for your protection.

This Athletic Policy is a "living document" and will be reviewed annually by the Board policy committee, Athletic Director and two community members appointed by the Board of Education.

RUDYARD AREA SCHOOLS PARENT SIGNATURE PAGE
RUDYARD AREA SCHOOLS HANDBOOK FOR STUDENT ATHLETES

1. The undersigned have read and understand the Athletic policy and agree to abide by the regulations and guidelines therein.
2. The undersigned understand that the school does not provide insurance for the student. We further understand that participation in co-curricular activities increases the potential for personal injury, and we may purchase such insurance should we choose to do so.
3. If at any time medical services are needed and the undersigned parent/guardian is not immediately available, we may administer the necessary aid or assistance. Rudyard Area Schools and its employees will be held harmless from all related costs, services, and actions as a result of such medical treatment.
4. By signing this agreement, the student-athlete agrees to abide by the Handbook for Student-Athletes guidelines and policies for the duration of their high school career. This agreement begins on the first day of any high school or middle school sport or activity the student-athlete participates and ends upon graduation (or the conclusion of a spring sport or activity for graduating seniors).

Code Agreement must be signed by both Athlete AND Parent. Code Agreement must be signed EACH school year. Code is in effect 24 hours/day, 7 days/week, 365 days/year.

I have thoroughly read and understand the policies and procedures stated in the Rudyard Area Schools Handbook for Student-Athletes.

Athlete's Name Grade

Athlete's Signature Date

Parent/Guardian's Name

Parent/Guardian's Signature Date

RETURN TO COACH

EMERGENCY INFORMATION
(To be completed by parent/guardian)

Student's Name (Please Print)

Grade

In case of emergency, contact (name & relationship to student...parent/guardian/nearest relative.

_____ Personal # _____ Work # _____

_____ Personal # _____ Work # _____

My family doctor is _____ Phone _____

Please detail any special medical information (allergies, known drug reaction, medications, etc.)

RETURN TO COACH